

Discussion Prompter Cards



If you could go on any vacation next week, where would you go?

What is the best part of your Monday?

If you could go back 10 years and gift yourself some advice, what would it be?

What are your two favorite colors?

What one food do you wish you could make completely healthy to eat?

Would you choose the same neighborhood if you had to move to another house?

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What is your favorite genre of music?

What time do you get up in the morning?

Tell us about a favorite book or movie.

Do you prefer to cook or eat out?

How do you cheer yourself up when you feel down?

What is one of the nicest things someone has done for you?

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What piece of technology is most helpful to you?

What's your favorite form of self-care?

If you could change the color of your car, what would you change it to?

What's one of the most valuable lessons you have ever learned?

Do you prefer small towns or big cities?

What do you enjoy more...the beach, the mountains, or a city?